

El Cariso Pool

Dive Team
Monday through Friday
Fee: No Charge

7 -17 years
10:00 a.m. to 11:00 a.m.

Adult Lap Swim
Daily

18 years and up
6:00 a.m. to 8:00 a.m.
6:00 p.m. to 8:00 p.m.

Fee: \$25/month or \$7/week

Recreational Swimming
Daily

All Ages
12:30 p.m. to 5:00 p.m.

Fee: No Charge

Children 7 years and under must be accompanied by a parent

Swim Lessons
Monday through Friday
40-minute classes

All Ages
9:15 a.m. to 12:00 p.m.

Fee: \$20 per 2-week session (10 classes)

Swim Team
Monday through Friday
Fee: No Charge

7 -17 years
5:00 p.m. to 6:00 p.m.

Aqua Aerobics
Monday through Thursday
Fee: \$15 per 2 weeks

18 and up
8:00 a.m. to 9:00 a.m.

Triathlon Training
Monday – Friday

9 and up
9:00 a.m. to 10:00 a.m.
5:00 p.m. to 6:00 p.m.

Fee: No Charge

Water Polo
Monday Through Friday (12 years and up)
Monday/Wednesday/Friday (11 years and under)
Fee: No Charge

7 - 17 years
4:00 p.m. to 5:00 p.m.
12:00p.m. to 1:00 p.m.

Synchronized Swimming
Monday - Thursday

7 – 17 years
3:00 p.m. to 4:00 p.m.